

Humphries Performance Training & Cowboys Golf Club



SUMMER GOLF 2010

Mini Day Camps

AGES 8 - 14

Camp Dates:

Session 1: July 19th – 22nd

Session 2: Aug. 10th – 13th

Camp Times:

9:00am – 11:00 (Ages 8– 10)

11:30am – 1:30 (Ages 11 – 14)

9:00am – 11:00 (Ages 8– 10)

11:30am – 1:30 (Ages 11 – 14)

Cost

\$265 per session



Humphries Training Team

Shawn Humphries has produced some of the top juniors in the country. His Performance training has produced over 150 tournament champions, including the 2010 National Junior College Champions, two top five juniors in the United States and one top 25 player in the world.

Camp Instruction

Day camps are designed for students who would like to take their game to the next level. Each day student's will work on different area of the game focusing on small group performance training. Short game training will include technique, as well as performance testing in putting, chipping, pitching, and distance wedges. Full swing training is designed for the students to gain a better understanding of their golf swing through our performance training stations which include: dynamics of set-up, mastering the take-away & back-swing, impact positions, and understanding ball flight. Our goal is to provide training and skills in a fun, competitive environment.

